

How to avoid worrying

Week beginning 16th May 2010

Welcome

Which of the following are you more likely to cause you to worry:

- a. Being overdrawn at the bank?
- b. Gaining 10 pounds in weight?
- c. Mother-in-law staying for two weeks?
- d. Loosing your job?

Word Luke 12 22-31

- Why do people worry and why is it futile?
- What advice could you give to help people worry less?
- How does this passage relate to the preceding parable about riches?
- What does Jesus teach here about the kingdom of God?
- How would your life be different if you lived the way Jesus describes in this passage?
- What one thing can you do in this coming week to seek His kingdom (v31)?
- What should we do instead of worrying (Philippians 4v6)?

Worship

Using post-it notes write on them the things that most worry you. Place them in a bowl and set fire to them. As they burn give thanks to God as you think again about the words of Jesus in this passage.

Witness Prayer at Pentecost – One Voice York

We are joining Prayer on the Walls again this year filling the same section as last year from Monk Bar to Robin Hood Tower on Sunday May 23rd.

We are asking all cells to support this event.

It would help if you could arrange to meet away from the access point at Monk Bar and walk there together to avoid congestion. Prayer on the Walls starts at 5.30pm followed by a service in the Minster at 6.30pm. You can download the flyer with full details from the St Mike's website.

How to avoid worrying

Week beginning 16th May 2010

Welcome

Which of the following are you more likely to cause you to worry:

- a. Being overdrawn at the bank?
- b. Gaining 10 pounds in weight?
- c. Mother-in-law staying for two weeks?
- d. Loosing your job?

Word Luke 12 22-31

- Why do people worry and why is it futile?
- What advice could you give to help people worry less?
- How does this passage relate to the preceding parable about riches?
- What does Jesus teach here about the kingdom of God?
- How would your life be different if you lived the way Jesus describes in this passage?
- What one thing can you do in this coming week to seek His kingdom (v31)?
- What should we do instead of worrying (Philippians 4v6)?

Worship

Using post-it notes write on them the things that most worry you. Place them in a bowl and set fire to them. As they burn give thanks to God as you think again about the words of Jesus in this passage.

Witness Prayer at Pentecost – One Voice York

We are joining Prayer on the Walls again this year filling the same section as last year from Monk Bar to Robin Hood Tower on Sunday May 23rd.

We are asking all cells to support this event.

It would help if you could arrange to meet away from the access point at Monk Bar and walk there together to avoid congestion. Prayer on the Walls starts at 5.30pm followed by a service in the Minster at 6.30pm. You can download the flyer with full details from the St Mike's website.